Recently, I came across a letter written by our founder, Dr. Horton, to Physicians for Peace (PFP) volunteers in 2005. In part, he expressed these thoughts:

“Each medical mission is founded upon a close collaborative relationship with the host. This approach promotes continuity of care after the team leaves.”

Though I never met Dr. Horton, I am proud to say that today, 15 years later, Physicians for Peace continues this vision and philosophy of service.

Each of our relationships begins with a conversation. We listen and we observe. We respect and honor local norms and practice.

2019 is the year we celebrated 30 years of teach one. heal many. Building on Dr. Horton’s lifetime of service through countless projects and collaborations during his career, in 1989 he officially formed Physicians for Peace to operate as the foundation to grow the life-changing and life-saving work he envisioned.

In preparing for our observance of 30 years, I read about scores of training projects, hundreds of volunteers, and thousands of lives healed over the past three decades. These stories are both inspiring and humbling to me.

A recent volunteer wrote about her experience:

“I have often noted in my career, it is easy to come through dispensing wisdom and insights, but much harder to stay on for the difficult task of implementing change.”

Dr. Horton and his vision of collaborative relationships has inspired thousands of friends, supporters, and volunteer medical educators – people like you - to work together to implement change.

One of our partners recently noted:

“Our patients would not be treated the way they are if not for the opportunities we’ve had with Physicians for Peace. The knowledge we have received from the experienced trainers is not in a textbook; it’s the kind of information that only comes from years of experience.”

As you read this year’s annual report and 30 years of teach one. heal many. I hope you, too, will be inspired.

Thank you for your belief in Physicians for Peace. Thank you for making change happen.

Sincerely,

James E. (Jamie) Morgan
Chief Executive Officer
Founded with a vision of peace and hope, for 30 years, Physicians for Peace has trained and educated in fragile communities around the world. PFP established institutional educational programs and developed resources to provide healthcare. PFP facilitated partnerships, forged alliances, and advocated for best practices in global health.

These are our successes; this is our story.

On November 10, 1988, the inaugural Board of Directors approved the bylaws, and, in the spring of 1989, Physicians for Peace was incorporated.

But the organization’s true beginning dates back to the early 1960s when it was a vision in the heart and mind of Charles E. Horton, MD. Dr. Horton gained a worldwide reputation for his genius as a plastic surgeon and his role as a civilian diplomat. He was the first Chair of the Department of Plastic Surgery at Eastern Virginia Medical School and Chair of nine national and international societies, including the American Board of Plastic Surgeons.

He served as PFP’s first International Medical Educator at the invitation of hospitals, clinics, and universities in more than 60 countries around the world.
In 1992, Physicians for Peace’s Burn Care program was launched. The Burn Care program was conceived when Dr. Horton visited Nicaragua. Based on the medical education needs he identified, a team of plastic surgeons, including Dr. Wilcox “Bill” Ruffin, traveled to Managua and Leon in 1994. **PFP’s Burn Care program continues to be a vital part of our activities today across Latin America.**

Physicians for Peace has worked extensively in the West Bank/Gaza Strip area since 1992. Team members have lectured, taught, and performed medical procedures and surgeries. PFP programs have obtained the cooperation and support of both Palestinian and Israeli leadership and represent what defines our work in areas of conflict: **We heal wounds that have lasted for centuries.** We are in discussion on future training and partnership activities in the West Bank.

In 1993 in Istanbul, the Turkish Hand Society hosted a Physicians for Peace Symposium on congenital hand and finger deformities. More than 100 local physicians attended.

PFP’s 1995 trip to Jeddah, Saudi Arabia represents one of the few instances in which an American organization worked in the country in such close cooperation with Saudi citizens. The trip, resulting from an invitation from Dr. Hussein Abdul-Hassan of King Fahd Hospital, was remarkable for the educational opportunity and the international friendships that resulted all around.

In 1996, Physicians for Peace launched its Dental Care program in Central America. Dental Assistant training was taught in Guatemala and later introduced in Nicaragua where we helped lay the groundwork for the dental assistant program at Universidad Nacional Autónoma, starting in 2011.

On March 18, 1996, a devastating fire broke out at the Ozone Night Club in Quezon City, Philippines. Acknowledged as the worst fire in Philippine history and with our established burn care program, we knew we had to respond. PFP mobilized a team to the Philippines to heal burn survivors.

In 1999, Dr. Juan Montero founded Physicians for Peace - Philippines to “establish a solid organization with the hope of creating health-related projects that could be sustained.” Today Physicians for Peace - Philippines has become an independent non-profit and a change agent to improve healthcare throughout the country.

The Physicians for Peace Walking Free program in prosthetic rehabilitation started in 2000 through the efforts of PFP volunteer, David Lawrence.

In 2001, thanks to a grant from the Ronald McDonald House Charities, Physicians for Peace opened the first prosthetic and rehabilitation center in Turkey at Dicle University in Diyarbakır. This was the first of four such centers established by PFP in southern Turkey. **Local professionals trained by PFP continue to care for patients to this day.**
Physicians for Peace’s work in Eritrea began in 2001 when five PFP teams visited this east African nation that has suffered from years of civil war, external conflict, extreme famine and poverty. Years of unrest led to breakdowns of infrastructure, particularly the health system. A team of PFP volunteers, led by Dr. Haile Mezgebe and in collaboration with George Washington University, provided education to local physicians for priorities ranging from urology to neurosurgery and neonatal care.

In 2004, Physicians for Peace worked with local partners to open a pediatric burn unit in Managua, Nicaragua. Today, the unit cares for more than 2,300 patients annually.

PFP traveled to the Dominican Republic in 2006 for the first burn care mission at pediatric burn unit “Unidad de Quemados Dra. Thelma Rosario” in Santiago. Subsequent missions focused on splinting and compression garments education, resulting in fully trained seamstresses and on-site garment making, an essential resource for burn care recovery.

In 2008, PFP traveled to Costa Rica where we led the first Burn Care training initiative which incorporated both nursing and psycho-social education for burn rehabilitation. Today, we bring this multi-disciplinary approach to burn care education in all of the communities we serve.

In 2009 in Eritrea, our partnership training program graduated eight pediatricians to treat and heal the young for years to come.

Working alongside host country professionals in El Salvador in 2010, Physicians for Peace fabricated the country’s first UVEX adult face mask for burn scar management.

In 2010, Physicians for Peace Philippines opened its third Walking Free clinic and announced a multi-million-dollar grant to start the first prosthetic and orthotic school in the region. Today, the Walking Free program has become the flagship program for Physicians for Peace – Philippines.

Between March and November 2010, Physicians for Peace physical therapists at the Haitian Amputee Coalition clinic in Deschapelles, Haiti, volunteered a total of 200 days, and helped 635 amputee patients learn to “walk free” with new prosthetic limbs.

PFP’s innovative blended-learning program that combines online education with hands-on training in the area of orthotics and prosthetics, launched in the Dominican Republic in 2010 in collaboration with Universidad Don Bosco and Asociación Dominicana de Rehabilitación.

In 2011, the first “Helping Babies Breathe” training, an internationally recognized newborn resuscitation curriculum for resource-limited settings, was officially launched in Nicaragua. In 2012, PFP brought this program to Nigeria, training 100 medical professionals.

In 2012, Physicians for Peace, along with local partners and the American Red Cross, established the only blood bank in central Mali at Hôpital Nianankoro Fomba in Ségou. The blood bank opened in 2014. In 2015, the final stage of this project, our local partners took over management of the blood bank – a sign of this initiative’s success and our efforts to create self-sufficiency in this region.
In Haiti, disabled children are often institutionalized and shunned from everyday life. Camp Jake was a weeklong experience, originating in 2011 and continuing through 2014, which gave the children of St. Vincent’s Center for Handicapped Children physical and emotional care in a beautiful, outdoor setting. For campers, the experience was a rare – and in some cases, their first – opportunity to move out of their wheelchairs and receive new forms of treatment including aquatic, art, and massage therapy provided by PFP therapists. PFP also provided the necessary equipment for the program.

Between 2012-2015, our Seeing Clearly program in the Philippines screened thousands of school children in dozens of schools across the country. Physicians for Peace provided prescription eyeglasses to nearly 80,000 children and adults in the country. The Seeing Clearly program continues to this day through the dedicated work of the trustees and volunteer optometrists of our partner PFP-Philippines.

On March 27, 2014, Natalie Ponce de León was hospitalized after a man threw a liter of sulfuric acid on her face. Her burn care team in Colombia had recently received training from Physicians for Peace, and she became one of the first patients to receive a newly developed acellular skin substitute, Glyaderm, to treat her injuries. “I feel like I have been reborn from the ashes and I know that, through the training they provided, Physicians for Peace volunteers have helped me on my path,” Ponce de León said. Since her treatment and recovery, Ponce de León has become one of the world’s most outspoken advocates for acid burn survivors. In 2016, she achieved passage of a law in Colombia that increased penalties for attackers using chemical agents for acid attacks.

In 2015, Physicians for Peace joined the Global Alliance for Surgery, Obstetrics, Trauma, and Anesthesia (The G4 Alliance), which fosters a unified voice of more than 75 international organizations advocating for neglected surgical patients as well as the nurses, doctors, therapists, and other health care providers who care for them.

In 2016, Physicians for Peace with our team of forward thinking medical volunteers, established an 18-month reconstructive urology fellowship training program. Dr. Wellington Ledesma completed the fellowship in December 2017 and is now working as the Dominican Republic’s first reconstructive urologist.

In 2017, PFP’s highly successful Walking Free Program – a flagship program providing clinical and academic education to prosthetic and rehabilitation centers – was transferred to newly formed Mission Gait, an independent nonprofit focused on research, education and advancing the important work of gait rehabilitation.

In 2017, Physicians for Peace began pediatric ICU training at the newly opened Mercy James Centre for Pediatric Surgery and Intensive Care in Malawi. Our medical training and education work at Mercy James continues as a significant part of our work today.

In 2019, Physicians for Peace led the first competency-based Regional Burn Rehabilitation Course in Colombia, bringing together burn care therapists from 9 Latin American countries to learn basic competencies required to treat burn survivors both during their acute hospitalization and rehabilitation phases of recovery. The next phase of regional training for burn nurses is planned for Guatemala in 2020.
Physicians for Peace is YOU, dedicated donors and volunteers who transform lives and heal communities around the world. Because of you, These are OUR successes: this is OUR story.

And our work continues...

While we have successfully taught, impacted, and saved countless lives, the need in global health is great. We will continue our efforts, teaching one, healing many for years to come.

Stand with us.
PFP trained on-site in 9 different countries, and through rapidly advancing access to technology, provided virtual trainings to participants from 18 countries around the world. This use of technology has become an important tool in building relationships with partners before, between and after our on-site activities.

Our burn surgery program provided 13 trainings in Latin America, including a new regional initiative (detailed on the next page), and we conducted a needs assessment for a new partnership in Peru. In Malawi, our efforts in general surgery and the Pediatric Intensive Care Unit continued, and are evolving to include anesthesia care training, the lack of which is currently the primary cause for canceled surgery.

PFP continues to be a global advocate for safe and accessible surgery. We remain actively engaged with both InterAction and the G4 Alliance, including sponsoring the G4 Alliance Permanent Council meeting last fall in Manila with our friends of PFP-Philippines.

Through these efforts, we fostered friendships built years ago, and made new ones along the way.

### IN THE LAST YEAR

PFP volunteers spent **6,270 HOURS** providing critical training and education.

Dr. Jacob Calis examines a pediatric patient in the Malawi PICU

PFP Volunteer Yinna Martinez with patient in Peru

2019, Instituto Nacional de Salud del Niño San Borja, Lima, Peru

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<tr>
<th>2019 MEDICAL VOLUNTEERS</th>
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<tbody>
<tr>
<td>William Abbott, MD, FACS</td>
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<tr>
<td>Daniel Brunoldi, MD</td>
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<tr>
<td>Job Calis, MD, PhD</td>
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<tr>
<td>Gretchen Carrougher, RN, MN</td>
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<tr>
<td>Taniana Castillo, PsyD</td>
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<td>Trevor Crofts MD, LRCP, MRCS</td>
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<td>Jorge Gaviria, MD</td>
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<td>Linda Guerrero, MD</td>
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<tr>
<td>Juliet Hull, MBBS, FRCA, PgCert</td>
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<td>Yinna Martinez, OT</td>
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<td>Norberto Navarrete, MD</td>
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<td>Carmen Palma, Lic.</td>
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<td>Ginna Parra, OT, MSc.</td>
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<td>Carolyn Ramwell, RN, MSN, PNP</td>
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<td>Lourdes Santiso, MD</td>
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<td>John Schulz, MD, PhD</td>
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<td>Michael Serghiou, OTR, MBA</td>
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<td>Linda Serna, MD, FACS</td>
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<td>John Sheppard, MD</td>
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<td>Socorro Valladares, OT</td>
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<td>Jonathan Waluza, SCO</td>
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A New Approach to Training

The Physicians for Peace model trains health care providers to a set of competencies, with the ultimate goal of self-sustainability. In specific disciplines, long-term partners are moving to sustainability: the trainees are now becoming the trainers! Last year PFP piloted a new regional training model in Bogotá, Colombia for burn care therapists.

PFP designed a training course based on a therapist competency tool created by the American Burn Association and aligned with practice guidelines of the International Society for Burn Injuries.

PFP trainer Michael Serghiou, OT (USA), working alongside therapists who have benefited from PFP training, Yinna Martinez, OT (Colombia) and Ginna Parra, OT (Costa Rica), led this training. 18 local therapists from eight countries participated in the 5-day course. Following the session, each student had 3 months to complete and present a series of final projects.

In the fall, 16 therapists presented their final projects to the trainers via video-conference. Most demonstrated a thorough understanding not just of execution, but also evaluation and design of the rehabilitation process and plan (the “why”).

Further, 3 of these students are likely to become PFP trainers in the near future, fully prepared to teach one. heal many. in their own countries.

A New Friend, Briceida

In November 2019, PFP traveled to Lima, Peru to do a needs assessment for a new partnership at Instituto Nacional de Salud del Niño San Borja. During our assessment, we met Briceida, a 2 year old girl who lives in the city of Huanaco – located in the amazon jungle of Peru – with her 18 year old mother, her uncle, and her grandmother.

Her uncle was burning garbage near the home, when the container with gasoline exploded and burned 70% of Briceida’s body. She was immediately taken to the nearest healthcare center, but they were not equipped to address the severity of Briceida’s burns. She was evacuated to a hospital in Pucallpa, Peru, but again her situation required more advanced care. Two days later, she was admitted to the Instituto Nacional de Salud del Niño San Borja, the children’s hospital in Lima, an 8 hour drive from her home in Huanaco.

Breceida was in the ICU for a month and, to date, has had 4 surgeries, where she received skin grafts in the face, arms, and legs. This was when we met her. Though our initial purpose for traveling to Peru was to assess the status of care available and gaps in education, when we saw this case, we knew we had to help.

With us, we had the materials and expertise to fabricate a face mask used for healing burn wounds. Our volunteer educator, Yinna Martinez, worked with the team at Nacional de Salud del Niño San Borja, demonstrating the process while she created a face mask for little Briceida. This is the first mask created at the children’s hospital.

Later this year, a PFP training team will return to Peru to further local clinicians’ expertise in this area, helping little ones like Briceida recover and lead a full life.
FINANCIAL SUMMARY

Condensed Statement of Financial Position

ASSETS
Cash and Investments $1,626,793
Other assets 29,827
Total Assets $1,656,620

Total Liabilities $37,282

NET ASSETS
Unrestricted $1,526,487
Temporarily Restricted 92,851
Total Net Assets $1,619,338

Total Liabilities and Net Assets $1,656,620

Condensed Statement of Activity

PUBLIC SUPPORT AND REVENUE
In-kind contributions $471,315
Contributions and grants 354,162
Other revenue 98,725
Total Public Support and Revenue $924,202

EXPENSES
Program services $1,064,557
Fundraising 158,337
Management & general 76,788
Total Expenses $1,299,682

Change in Net Assets from operations $(375,480)
Net assets at beginning of year 1,994,818
Net Assets at end of year $1,619,338

Chief Executive Officer
James E. Morgan, CPA

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In Memory of Nancy Jallo
Ms. Jennifer Barker

In Memory of Dr. and Mrs. Glynn E. Behmen, Sr.
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